

# STUDENT APPLICATION FORM

Application Deadline March 25, 2019

## INTRODUCTION

The Ron Sellnow Memorial Scholarship has been established in honor of Mr. Ron Sellnow. During his 25 year career as a math teacher and coach at Eisenhower, Lindbergh, and Hopkins High Schools, he motivated countless numbers of student athletes, leading hockey teams to the 1975 and 1980 State Tournaments and a soccer team to a State Championship Title in 1983. His impact on student success continued during his 10 year reign as Athletic Director, helping guide numerous teams to state tournament appearances along with state championships in Boys Cross Country, Boys Basketball, Women's Gymnastics, Girls/Boys Nordic Skiing, Girls Tennis, Softball, Dance Team, and Debate. After retiring from the school district in 1999, Ron continued working for and empowering student athletes through the State High School League and USA Hockey Camps until his death in 2012.

This scholarship is meant to honor Ron's legacy and the confidence he had in the potential of young people. He taught all of his athletes and students to consistently work as hard as they could while leading and positively influencing those around them. The scholarship committee is looking to reward student-athletes who excel in their respective sport(s), demonstrate their ability to overcome challenges and/or personal obstacles, and lead and inspire others to achieve success.

The scholarship committee will be awarding scholarships in the amount of \$2,000.00 to those students selected by the committee, as well as one female hockey player. Money awarded will be put towards their education at the post-secondary institution of their choice. Checks will be made out and sent directly to the admissions office of the school indicated below.

## ELIGIBILITY

To be eligible for the Ron Sellnow Memorial Scholarship, students must:

1. be a senior in high school;
2. have a "B" (3.0) or better Grade Point Average
3. participate in a Hopkins High School-sponsored athletic activity
4. after graduation attend college or an equivalent school offering a post-secondary education

## INSTRUCTIONS

- Reference "Additional Instructions" and the "Sample" application prior to filling out your form.
- Answer all questions in the space provided. Typed applications are preferred.
- Do not use acronyms or abbreviations
- Include with your form (if submitting electronically, scan and submit as one file):
  - Student essay (see form provided)
  - A one-page letter of recommendation written by a school staff member (see form provided).
  - One copy of your transcript
- Return application as follows:
  - If applying Online, please go to [www.ronsellnowscholarshipfund.com](http://www.ronsellnowscholarshipfund.com) and click on "How To Apply".
  - If applying by Mail please return application to:  
**The Ron Sellnow Memorial Scholarship Award Committee**, 8076 Ithaca Lane N., Maple Grove MN 55311.
  - Please Submit Application online or postmarked by March 25, 2019. Winners will be notified by school officials or the Scholarship Committee.
- For any changes to post-secondary school information please contact Derek Sellnow at 405-535-6241 [sellnowd18@gmail.com](mailto:sellnowd18@gmail.com) or Gretchen Randall at 612-227-8401 or [nestleroo@yahoo.com](mailto:nestleroo@yahoo.com)

## APPLICATION CHECKLIST

This application becomes complete and valid only when you have submitted the following items:  
(if submitting electronically, please scan and submit as one file):

- \_\_\_\_\_ Application
- \_\_\_\_\_ Student Essay
- \_\_\_\_\_ Letter of Recommendation
- \_\_\_\_\_ Certified copy of transcript (from school)

Except where prohibited, participation in the scholarship application process constitutes applicant's consent to the use of his/her name, voice, image, photograph, biographical and personal background and application information, statements and/ or likeness (individually, together or in combination with other materials) by The Ron Sellnow Memorial Scholarship Fund, those acting in their authority, or their assigns for use in future fundraising activities (including letters to past and potential donors), other donor communications, on the Ron Sellnow Memorial Scholarship Fund's website page, in newspaper (print and online) articles, and on the perpetual plaque to be placed at Hopkins High School, without further notice, permission, consideration or any compensation payable to applicant or to any third party.

## STUDENT/COLLEGE INFORMATION

**Student's Name** \_\_\_\_\_

**Parents(s)/Guardian(s)** \_\_\_\_\_

**Home Address** \_\_\_\_\_

*Street or P.O.Box*

*City*

*Zip*

**Student (or Parent) Email Address** \_\_\_\_\_

**Student (or Parent) Phone Number** \_\_\_\_\_

**College Name** \_\_\_\_\_



## **Ron Sellnow Memorial Scholarship Personal Statements**

(The personal statements must be typed.)

1. Please tell us why you feel you should be considered for this scholarship.
2. What does leadership mean to you? Describe specific ways you have demonstrated your leadership and its impact on others, i.e. teammates, classmates, others in the school/community, etc.
3. Describe a situation when you faced adversity; explain how you handled it and what impact it had on your life.

**Ron Sellnow Memorial Scholarship Letter of Recommendation**  
(written by coach/athletic director/teacher/principal/counselor/mentor)  
(Letter can be attached on a separate form).

Student's name: \_\_\_\_\_

Written by (name & title): \_\_\_\_\_

(Please try to include specific examples or situations that demonstrate the student's leadership ability, work ethic, dealings with adversity, motivation, and inspiration of teammates/classmates)

## Additional Application Instructions

TYPE ALL INFORMATION AND ANSWER ALL QUESTIONS IN THE SPACE PROVIDED.

\* Complete the application and submit to Ron Sellnow Memorial Scholarship Award Committee by the date specified on the application.

\* Please list all of the activities in which you are involved. Below are sample activities you may list on the application. Do not use acronyms or abbreviations.

\* indicate the number of hours involved in each activity per week, per month, per year (i.e. 10/wk). Include only those activities that require eight or more hours per week, per month, or per year.

\* When completing the application please consider the following:

### Athletic Activities:

List each athletic activity in which you participate. Please include the following information:

- |                         |                           |                          |
|-------------------------|---------------------------|--------------------------|
| * Team captain          | * All-tournament teams    | * Team academic awards   |
| * All-conference honors | * Number of years on team | * Team member or manager |
| * All-city/metro honors | * School/team awards      |                          |

### General Contributions/ Extra Curricular Activities to School:

This category may include, but is not limited to, the activities listed below. Write "class" in the "hours" column if the activity is part of your course work. Please include length of service and offices/positions held if applicable.

Academic Quiz Bowl	Multi-Cultural Programs/Clubs	School musical
Academics Decathlon	National Honor Society	School Newspaper
Boys/Girls State Government	National Merit Finalist	Student Council
Class officer	National Merit Semifinalist	Yearbook Staff
Honor Roll	Odyssey of the Mind	Youth in Government
Knowledge Bowl	Peer Tutoring/Counseling	
Language Clubs	Science Challenge	<i>Please list any other school activities</i>
Math League	Spotlight on Scholarship Certificates	<i>which required additional time to serve</i>
Mock Trial	Scholar-athlete awards	<i>your school and/or student body</i>

**SAMPLE**

**SAMPLE**

**SAMPLE**

### PARTICIPATION IN ATHLETIC ACTIVITIES

Activity (list sport once w/awards)	Grade			Awards/honors, records, outstanding performances, leadership roles, etc.
	10	11	12	
Soccer	X	X	X	2011-2012 Lettered
Varsity		X	X	
Most Improved	X			
Spotlight on Scholarship	X	X		Gold
Basketball	X	X		10 <sup>th</sup> grade/B-squad captain
State Tournament		X		Participant
Spotlight on Scholarship	X	X		Gold
Track: 4 x 4 relay	X	X		State: 2011/Silver; 2012/Gold

### GENERAL CONTRIBUTIONS/EXTRA CURRICULAR ACTIVITIES TO SCHOOL

Activity	Grade			wk/mo/yr HOURS	Offices held, awards/honors, leadership roles, etc...
	10	11	12		
Honor Roll (Indicate A or B)	A	A		n/a	
Academic Quiz Bowl		X	X		
National Honor Society		X	X		
Peer tutoring	X	X	X	8/week	
Spanish Club	X	X	X	8/mo	2010/Treasurer
Student Council	X	X	X		
Class Officer		X			2011-2012 President
Homecoming committee		X			